Alberta

Volunteer Site: Indigo Counselling and Consulting
Contact Person: Sharon Mailloux
Email Address: indigocounsellingservices@gmail.com
Website: www.indigocounsellingservices.com
City: Whitecourt, Lacombe
Province: Alberta
Additional Information: Students should follow the same protocol for practicum and provisional placements as indicated on the Website.

Volunteer Site: Thrive Teen Therapy Alberta
Contact Person: Michelle E
Email Address: admin@thriveteens.ca
Website: www.thriveteens.ca
City: Sherwood Park
Province: Alberta
Additional Information: Opportunity to work with children, teens and young adults.

Volunteer Site: Theragen Counselling and Consulting Inc.
Contact Person: Johnathon Fortune
Email Address: Admin@theragen.ca
Website: www.theragen.ca
City: Grande Prairie
Province: Alberta
Additional Information: Come join a busy private practice with some of the most supportive people in the profession!

Volunteer Site: Charis Counselling
Contact Person: Susan Grinder
Email Address: Info@chariscounselling.net
Website: www.chariscounselling.net
City: Edmonton
Province: Alberta
Additional Information: Potential volunteers could assist with group membership communicating, registration and 1-1 intakes among other agreed upon tasks.

Volunteer Site: PAn Psychological Services
Contact Person: Phuong An
Email Address: Phuong.an0868@gmail.com
Website: https://phuongan0868.wixsite.com/Website
City: Calgary
Province: Alberta
Additional Information: At this time, no additional volunteer information is available.

Alberta

Volunteer Site: Lotus Psychology Services
Contact Person: Dr. Natalya Vann
Email Address: nvann@lotuspsychology.ca
Website: www.lotuspsychology.ca
City: Edmonton
Province: Alberta
Additional Information: At this time, no additional volunteer information is available.

Volunteer Site: Level up Wellness Group
Contact Person: Dr. Melody Morin
Email Address: careers@luwg.ca
Website: https://luwg.ca/
City: Beaumont
Province: Alberta
Additional Information: We are open 7 days a week and we provide services virtual in Alberta and in other Provinces.

Volunteer Site: Schaffer Psychology Inc.
Contact Person: Dr. Cybil Schaffer
Email Address: cybil@schafferpsychology.ca
Website: www.schafferpsychology.ca
City: Edmonton
Province: Alberta
Additional Information: Help with billing, marketing, going through consent forms and creating content for group based services.

Volunteer Site: Reclaim Your Nature Psychotherapy Inc
Contact Person: Haneen
Email Address: hello@reclaimyournature.ca
Website: www.reclaimyournature.ca
City: Calgary
Province: Alberta
Additional Information: Volunteer opportunities include topics around service delivery, marketing, human resources, finances, and operations. Projects can be completed off-site, online, and on your own schedule. Projects will have a focus on improving the delivery of resources for clients and the general public, as well as support for therapists (and practicum students). For example, projects could include, but are not limited to: doing research into indigenous therapies, nature therapy, with specific topics such as 'how post-secondary students can utilize nature therapy to reduce cognitive overwhelm'; editing videos and audio recordings for podcast marketing; reorganizing the Personnel Manual into logical subject groupings; analyzing consultation recordings into frequently presented topics to create a FAQ document for consultees; completing cost analysis for offerings of different public offerings such as retreats.

Volunteer Site: Calgary Mental Health and Wellness Centre
Contact Person: Courtney Zandee
Email Address: info@calgarymentalhealthandwellness.com
Website: https://calgarymentalhealthandwellness.com/
City: Calgary
Province: Alberta
Additional Information: At this time, no additional volunteer information is available.

Alberta

Volunteer Site: Pregnancy and Infant Loss Support Centre
Contact Person: Iryna Slipa
Email Address: volunteers@pilsc.org
Website: https://pilsc.org
City: Calgary
Province: Alberta
Additional Information: https://pilsc.org/about/volunteer-with-us/

Volunteer Site: Rising Sun Psychological Services Inc.
Contact Person: Aaron Tamayose
Email Address: admin@risingsunpsych.ca
Website: www.risingsunpsych.ca
City: Calgary
Province: Alberta
Additional Information: General office administrative support, General psychological research assistance Program, writing Social media/Web support

Volunteer Site: Rocky Mountain Psychological Services
Contact Person: Cassandra Hillman White
Email Address: Admin@rmpsychservices.com
Website: www.rmpsychservices.com
City: Calgary
Province: Alberta
Additional Information: Volunteers may be involved in office operations, supporting clients, or supporting clinicians.

Volunteer Site: YEG Family Counselling
Contact Person: Sam Pearson (she/her)
Email Address: sam@yegfamilycounselling.com
Website: https://www.yegfamilycounselling.com/
City: Edmonton
Province: Alberta
Additional Information: Volunteers with YEG Family Counselling would be helping with a variety of administrative tasks, particularly running and helping to generate content relevant to the practice of Emotionally-Focused Therapy for the practice's social media accounts. Volunteers should have interest in creating engaging and accessible psychoeducational resources.

Volunteer Site: Great Heights, Calm Minds Psychology
Contact Person: Kaila Maddalo
Email Address: info@greatheightscalmminds.com
Website: https://greatheightscalmminds.com/
City: Calgary
Province: Alberta
Additional Information: Happy to have a volunteer working in and around and online for the clinic.

Alberta

Volunteer Site: PCHS (Punjabi Community Health Services) Calgary
Contact Person: Harpreet Hans and Amber Qureshi
Email Address: Harpreet.Hans@pchscalgary.com, Amber.Qureshi@pchscalgary.com
Website: https://pchscalgary.com/
City: Calgary
Province: Alberta
Additional Information: PCHS provides culturally responsive confidential, one-on-one therapy sessions to the South Asian community tailored to individual needs. There are group programs offered in addition to Outreach in the community. Services are offered in Punjabi, Hindi, and Urdu. Applicants are required to speak one of these languages in addition to English.

Volunteer Site: Nurtured Minds Wellness Group Inc.
Contact Person: Charlie Webb
Email Address: info@nurturedmindswellness.com
Website: www.nurturedmindswellness.com
City: Leduc, Calmar, Nisku
Province: Alberta
Additional Information: At this time, no additional volunteer information is available.

Volunteer Site: Viewpoint Calgary Psychological Services
Contact Person: Nicola Rimke
Email Address: info@viewpointcalgary.ca
Website: https://www.viewpointcalgary.ca/
City: Calgary
Province: Alberta
Additional Information: Support closing files. Supporting therapists and general office and reception duties.

Volunteer Site: Renew Psychology Inc
Contact Person: Dotun Ogunfowora
Email Address: info@renewpsychology.com
Website: https://www.renewpsychology.com/
City: Calgary
Province: Alberta
Additional Information: At this time, no additional volunteer information is available.

Volunteer Site: Innerlogue Therapy & Psychology
Contact Person: Priscilla
Email Address: info@innerloguetherapy.com
Website: https://www.innerloguetherapy.com/
City: Calgary
Province: Alberta
Format: In-person
Additional Information: Looking for volunteers who can help with receptionist and intake roles while learning the ins and outs of a private practice clinic. Location in South Calgary, Midnapore.

British Columbia

Volunteer Site: Repiphany Counselling
Contact Person: Christina Bianchini
Email Address: admin@repiphany.com
Website: www.repiphany.com
City: Prince George
Province: British Columbia
Additional Information: At this time, no additional volunteer information is available.

Volunteer Site: Bedford Integrative Therapeutic Services
Contact Person: Tanya Bedford
Email Address: info@bitsbc.com
Website: www.bitsbc.com
City: Prince George
Province: British Columbia
Additional Information: Interview as if for employment will be required, although the position will be unpaid.

Volunteer Site: Gibson Mental Health
Contact Person: Cameron Gibson
Email Address: Cameron@gibsonmentalhealth.com
Website: www.GibsonMentalHealth.com
City: Vancouver
Province: British Columbia
Additional Information: We focus primarily on men's mental health

Volunteer Site: Seahorse Counselling and Psychotherapy Inc
Contact Person: Kate Pinsonneault
Email Address: Kate@seahorsecounselling.ca
Website: www.seahorsecounselling.ca
City: Courtenay, Victoria
Province: British Columbia
Additional Information: Courtenay, BC location

Volunteer Site: Moving Forward Family Services
Contact Person: Gary Thandi
Email Address: hello@movingforward.help
Website: www.movingforward.help
City: Surrey
Province: British Columbia
Additional Information: We offer a Mental Health Ambassador program that volunteers can participate in (self-paced training on reducing stigma, talking about mental health within one's family/peer network/community), and numerous community engagement, program development, and administrative opportunities, that can be offered Canada-wide/virtually.

British Columbia

Volunteer Site: Moxie Health & Wellness Inc.
Contact Person: Sarah Montes
Email Address: sarahmontes@moxiehealthandwellness.ca
Website: https://www.moxiehealthandwellness.ca/
City: Duncan, Lake Cowichan, Cowichan Bay, Mill Bay, Cobble Hill, Shawnigan Lake, Crofton, Maple Bay, Chemainus, and Ladysmith
Province: British Columbia
Additional Information: Experience with social media platforms is a bonus

Volunteer Site: Wild Mountain Clinical Counselling
Contact Person: Stephanie Deschamps
Email Address: clinicmanager@wildmountaincounselling.ca
Website: https://wildmountaincounselling.ca/
City: Penticton
Province: British Columbia
Additional Information: Wild Mountain Clinical Counselling is a growing group practice that offers practicum and volunteer opportunities for students interested in gaining experience in a collaborative, trauma-informed mental health environment. Opportunities may include supporting counselling groups, assisting with psychoeducational and mental health resources, participating in community outreach initiatives, helping with social media and educational content, and gaining exposure to private practice operations, professional networking, and interdisciplinary collaboration. We welcome students who are motivated, professional, and interested in developing strong clinical skills within a supportive team setting.

Volunteer Site: Foundry Cariboo Chilcotin
Contact Person: Jennifer Hanson
Email Address: jhanson@ccchild.org
Website: https://foundrybc.ca/centre/cariboochilcotin/
City: Williams Lake
Province: British Columbia
Additional Information: Volunteers will be supports for the clinical team at Foundry Cariboo Chilcotin.

Volunteer Site: OK Clinical Therapy Group
Contact Person: Emma Fletcher (Intern Liaison)
Email Address: info@okclinical.com
Website: https://okclinical.com/
City: Kelowna, Penticton, Vernon
Province: British Columbia
Additional Information: At this time, no additional volunteer information is available.

British Columbia

Volunteer Site: Mindkey Health
Contact Person: Stephen Roberts
Email Address: stephen_roberts@mindkeyhealth.com
Website: https://www.mindkeyhealth.com/
City: Victoria, Sidney, Langford
Province: British Columbia
Additional Information: Mindkey Health works primarily with school and university age clients. Volunteers would have the opportunity to work out of any of our 3 clinic locations. Depending on the experience, the volunteers could be supporting the work of our administrative staff, psychometrists and/or our counsellors. To date we have supervised to completion over seventy counselling interns, twenty-three of which have been from Yorkville.

Volunteer Site: Harbourside Family Counseling Centre
Contact Person: Dr. Michele Kambolis
Email Address: michele@michelekambolis.com
Website: www.harboursidefamilycounseling.com
City: Vancouver
Province: British Columbia
Additional Information: We have a variety of volunteer opportunities related to learning mindfulness based practices for both adults and children along with volunteer opportunities in the field of integrative mental health.

Volunteer Site: Chroma Counselling
Contact Person: Corey Chan
Email Address: info@chromacounselling.ca
Website: https://www.chromacounselling.ca/join
City: Vancouver
Province: British Columbia
Additional Information: At this time, no additional volunteer information is available.

Volunteer Site: Comox Valley Counselling
Contact Person: Shamana Ali or Aidan Carrick
Email Address: info@comoxvalleycounselling.ca
Website: www.comoxvalleycounselling.ca
City: Courtenay
Province: British Columbia
Additional Information: At this time, no additional volunteer information is available.

Volunteer Site: ProMentality Performance and Wellness
Contact Person: Stephanie Friesen-Johnson
Email Address: stephanie@promentality.ca
Website: www.promentality.ca
City: Abbotsford
Province: British Columbia
Additional Information: The position is with front end at a counselling office, with opportunities for completing consults, assisting clients with billing and booking, creating content for our social media and working with a great team of caring individuals.

British Columbia

Volunteer Site: ProMentality Performance and Wellness
Contact Person: Jennifer Diotte
Email Address: jennifer@ProMentality.ca
Website: www.ProMentality.ca
City: Abbotsford
Province: British Columbia
Additional Information: Would love to have students volunteer before practicum!

Volunteer Site: Currents Clinical Counselling
Contact Person: Shannon Ritchie
Email Address: shannon@currentscounselling.ca
Website: www.currentscounselling.ca
City: Salmon Arm, Kamloops, Merritt
Province: British Columbia
Additional Information: We would be interested in supporting volunteers.

Volunteer Site: Haven Society
Contact Person: Kathy McKay
Email Address: stv@havensociety.com
Website: https://www.havensociety.com/womenscounselling
City: Nanaimo
Province: British Columbia
Additional Information: We are looking for volunteers to help with women's groups. Volunteers are required to arrive early to help with set up, scribe notes, handout materials, and stay after for clean-up. There will be no heavy lifting or strenuous activity, but volunteers will need to stand for 1/2 hr for scribing. Shifts are usually 3 hrs. in length and are at varying times/days according to participant interest.

Volunteer Site: Community Connections Society of Southeast BC - Cozy Bear
Contact Person: Nancy Reid
Email Address: executivedirector@ccssebc.com
Website: https://www.ccscranbrook.ca/
City: Cranbrook
Province: British Columbia
Format: In-person
Additional Information: N/A - We are happy to answer questions from prospective volunteers and students to ensure proper fit and skill set.

Volunteer Site: Lavender Counselling
Contact Person: Carolynn Turner
Email Address: joinus@lavendercounselling.com
Website: https://lavendercounselling.com/practicum/
City: Langley
Province: British Columbia
Format: In-person
Additional Information: Not Applicable

British Columbia

Volunteer Site: Strength in Heart Counselling
Contact Person: Carla Leuschen
Email Address: admin@strengthinheart.ca
Website: https://www.strengthinheart.ca/
City: Victoria
Province: British Columbia
Format: Hybrid
Additional Information: Not Applicable

Manitoba

Volunteer Site: Ember and Ash Counselling Inc
Contact Person: Kim Roziere
Email Address: Admin@emberandash.ca
Website: www.emberandash.ca
City: Brandon, Oak Lake
Province: Manitoba
Additional Information: We are a group of private practice counsellors made up of various professions including CCC, RSW and RPN designations and licensures. We hold contracts and affiliations with many local organizations including sport and athletic teams, treatment centers, adolescent group homes. These affiliations provide many sites for possible experiences.

Volunteer Site: Mindful Milestones Psychotherapy
Contact Person: Monija Spago
Email Address: monija@mindfulmilestonespsychotherapy.com
Website: www.mindfulmilestonespsychotherapy.com
City: Brandon
Province: Manitoba
Additional Information: At this time, no additional volunteer information is available.

Volunteer Site: Positive Perspectives
Contact Person: Homa Houshmand
Email Address: positive.info.wpg@gmail.com
Website: https://www.positiveperspectives204.com/
City: Winnipeg
Province: Manitoba
Additional Information: At this time, no additional volunteer information is available.

New Brunswick

Volunteer Site: Dancing Goat Therapy Farm
Contact Person: Arthi Bala
Email Address: Arthi@gmail.com
Website: www.dancingoattherapyfarm.com
City: Fredericton
Province: New Brunswick
Additional Information: It's an on-site volunteering opportunity

Volunteer Site: MBS Wellness
Contact Person: Taylor MacNeil
Email Address: MacNeil.MBSWellness@gmail.com
Website: www.Mbswellness.ca
City: Fredericton
Province: New Brunswick
Additional Information: We just expanded and have more room for volunteer positions with 6 counsellors/social workers in the office and increased group therapy programs being run.

Volunteer Site: 3 Rivers Counselling
Contact Person: Brittany Rickett
Email Address: Brittany@3riverscounselling.com
Website: www.3riverscounselling.com
City: St Stephen
Province: New Brunswick
Additional Information: We have virtual and in-person volunteer opportunities. We also offer weekly consult groups and professional development for practicum and newly licensed therapists that the volunteers can join.

Volunteer Site: East Coast Flourish Counselling and Consultation Inc.
Contact Person: Ann Vermette
Email Address: eastcoastflourish@gmail.com
Website: https://eastcoastflourish.ca/
City: Moncton
Province: New Brunswick
Format: Hybrid
Additional Information: An opportunity to be part of a growing team that supports our community in mental health. We have a number of community partners, a clinical intern program and the opportunity to grow and make a difference. To learn more about us, check us out at www.eastcoastflourish.ca.

Newfoundland and Labrador

Volunteer Site: Careworks Counselling & Psychotherapy
Contact Person: Charlene Wiseman
Email Address: info@ourcareworks.com
Website: www.ourcareworks.com
City: Conception Bay South
Province: Newfoundland and Labrador
Additional Information: This will be an opportunity to learn about running the practice including the process of intake of new potential clients, requirements of documentation before a client is brought into the site, registration guidelines, marketing of the practice, site management, and other duties as needed.

Volunteer Site: J Keough Counselling Services
Contact Person: Jennifer Keough
Email Address: jkeoughcounselling@gmail.com
Website: https://www.psychologytoday.com/profile/390219
City: Grand Falls-Windsor
Province: Newfoundland and Labrador
Additional Information: At this time, I would be open to offering limited volunteer opportunities within my practice; however, it is important to be clear about the structure and expectations of these roles.
Volunteer opportunities would be focused on providing exposure to the administrative and operational aspects of a counselling practice, rather than any form of clinical work. This may include learning about scheduling systems, documentation standards, intake and onboarding processes, practice policies, and the overall day-to-day operations of running a private practice. Volunteers may also be introduced to broader professional topics such as ethics, boundaries, and case conceptualization in a general, non-client-specific way.
Given the nature of my practice and the importance of maintaining strong ethical and professional standards, any volunteer role would require clear boundaries, a defined scope, and a level of readiness and professionalism from the individual. These opportunities would be limited in availability and would require an application and screening process to ensure fit.
It is also important to note that while I have extensive experience supervising practicum students, this volunteer experience would be distinctly different and would not be a substitute for practicum or clinical training.

Nova Scotia

Volunteer Site: Adaptive Mindset: ADHD Counselling Services
Contact Person: Rebecca MacDonald
Email Address: rebecca@adaptivemindset.ca
Website: www.rebecca@adaptivemindset.ca
City: Kentville
Province: Nova Scotia
Additional Information: In-person in Kentville, Nova Scotia.

Volunteer Site: Venture Counselling & Therapy Inc
Contact Person: Rose Degenhardt
Email Address: Info@venturecounsellingtherapy.ca
Website: https://www.venture-counselling.com/
City: Halifax
Province: Nova Scotia
Additional Information: At this time, no additional volunteer information is available.

Volunteer Site: Couch of Hope
Contact Person: Jarah Gregory ; Julia Bouwman
Email Address: executivedirector@couchofhope.com ; julia.ad@couchofhope.com
Website: https://couchofhope.ca/complete-practicum-with-us/
City: Dartmouth
Province: Nova Scotia
Additional Information: We currently bring on Community Engagement volunteers, Intake volunteers, Advocacy volunteers, Social Media support volunteers

Volunteer Site: Forging Forward Counselling Services
Contact Person: Lisa Bowman, MSW, RSW
Email Address: Lisa.Bowman@forgingforward.ca
Website: https://www.forgingforward.ca/our-practice
City: Sydney
Province: Nova Scotia
Additional Information: Forging Forward Counselling Services is a private practice in Pembroke, Ontario with a satellite office Sydney, Nova Scotia. We have offered student practicums for 6 years and counting, and we are a team made up of experienced professionals.

Volunteer Site: Wellness Couch Counselling
Contact Person: Janelle Marchand
Email Address: wellnesscouchcounselling@gmail.com
Website: https://www.wellnesscouchcounselling.com
City: Antigonish
Province: Nova Scotia
Additional Information: Located in Antigonish, Nova Scotia

Ontario

Volunteer Site: Joseph Wong and Associates Counselling Canada
Contact Person: Joseph Wong
Email Address: info@wongcounselling.com
Website: https://www.wongcounselling.com/clinical-practicum
City: Toronto, Vancouver, Surrey, Calgary, Saskatoon
Province: Ontario, British Columbia, Alberta, Saskatchewan
Additional Information: Our clinic welcomes volunteers and prospective counselling students to experience how intern counsellors and registered counsellors perform their job and their day to day schedule. They are allowed to join our clinic's team training. They can volunteer for admin work with clients and counsellors. Great way to get a taste on how to support clients in crisis and many different presentations to learn if they are good fit for MACP and psychology field. It's our great pleasure to support and mentor!

Volunteer Site: Abma Counselling
Contact Person: Steve Abma
Email Address: info@abmacounselling.com
Website: https://www.abmacounselling.com/
City: Niagara Falls
Province: Ontario
Additional Information: Volunteers will help greet clients, support scheduling, and assist with the day-to-day flow of the office. They will also have opportunities to contribute to social media, help update Website content, and assist with community outreach or resource development. Volunteers will have access to select trainings and learning sessions, and will be invited to join team meetings, social events, and case-based discussions using de-identified material, offering insight into how therapists think through real situations.

Volunteer Site: Family Services York Region
Contact Person: Sarah Simms
Email Address: clinicalplacement@fsyr.ca
Website: https://www.fsyr.ca/get-involved/clinical-placements/
City: Richmond Hill, Sutton West
Province: Ontario
Additional Information: Our Site offers Placements September-April, and through a Hybrid Model.

Volunteer Site: InnerSight Psychotherapy Inc
Contact Person: Svetlana Antonyshyn
Email Address: Info@psychotherapyclinic.ca
Website: www.psychotherapyclinic.ca
City: Woodbridge, Vaughan, Barrie
Province: Ontario
Additional Information: Volunteers would be allowed to do basic reception desk duties, assist with mental health classes offered to the community.

Ontario

Volunteer Site: Sanitherapy center
Contact Person: Hossein Abdollahi Sani
Email Address: info@sanitherapy.com
Website: www.sanitherapy.com
City: North York
Province: Ontario
Additional Information: At this time, no additional volunteer information is available.

Volunteer Site: Sacred Reconnections Wellness Services
Contact Person: Trish Dupuis
Email Address: sacredreconnections.td@gmail.com
Website: www.sacredreconnectionswellness.com
City: Larder Lake
Province: Ontario
Additional Information: At this time, it would likely be virtual volunteer opportunities.

Volunteer Site: Rebound Total Health
Contact Person: Erika Saldana-Olmedo
Email Address: erika@reboundtotalhealth.ca
Website: https://www.reboundtotalhealth.ca/
City: Dundas
Province: Ontario
Additional Information: Volunteering at Rebound Total Health provides student volunteers with hands-on experience in a supportive and welcoming group therapy practice! They will work alongside easygoing, down-to-earth therapists, many of whom are Yorkville alumni, who understand the student experience and are invested in their growth.
Student volunteers will:
- Gain exposure to client coordination and intake, gaining experience with phone screenings, virtual and telephone intake consultations, and client communication for coordination.
- Communicate with a diverse range of clients, including adolescents and adults (ages 10–90), both individuals and couples who are seeking mental health services for a variety of presenting topics.
- Gain exposure to a variety of therapeutic approaches, including CBT, DBT, ACT, IFS, client-centered, Gottman, emotion-focused, and trauma-informed perspectives through training and observation opportunities.
- Have access to free training opportunities in a wide range of therapy modalities.
- Be able to observe free monthly clinical supervisions and Lunch & Learns for ongoing professional development.
- Support community networking and outreach, and contribute to social media and marketing projects.
- Conduct mental health related research.
- Benefit from flexible scheduling and fully remote options.
Student volunteers are supported by an engaged and approachable administrative team, helping them build practical skills, confidence, and meaningful experience in the field!

Ontario

Volunteer Site: Fancy Therapy Services
Contact Person: Morgan Fancy
Email Address: Info@fancytherapy.ca
Website: www.Fancytherapy.ca
City: Kitchener
Province: Ontario
Additional Information: We have an ongoing volunteer program for folks interested in becoming therapists, which gives folks a peek at behind the scenes of a private practice. Getting exposure to things like social media, marketing, booking procedures and other administrative tasks.

Volunteer Site: SoulScape Services Psychotherapy and Wellness Hub
Contact Person: Amanda Bolger
Email Address: Admin@soulscapeservices.com
Website: www.soulscapeservices.com
City: St. Catharines
Province: Ontario
Additional Information: This site is mainly virtual with some in person options in Niagara region

Volunteer Site: Relationship Therapy Centre
Contact Person: Rena Dosanjh
Email Address: admin@relationshiptherapycentre.com
Website: https://relationshiptherapycentre.com/
City: Mississauga
Province: Ontario
Additional Information: We provide an opportunity for volunteers to support new and returning client inquiries (via phone and email), and develop skills in exercising curiosity, active listening, paraphrasing and time management. Working alongside our Admin team, volunteers will be the first point of contact for clients at the Centre, where they will be matching new clients with suitable therapists based on the client's disclosed goals/needs and preferences, and supporting returning/current clients with any requests. Opportunities to apply and strengthen psychoeducational knowledge in terms of creating material that therapists can utilize with clients during sessions. This role will also encourage volunteers to develop/apply clinical and ethical judgement by abiding by CRPO guidelines when it comes to client confidentiality and ensuring ethical practice of all therapists.

Volunteer Site: Arms Open Counselling
Contact Person: Angela Kingma
Email Address: armsopencounselling@gmail.com
Website: https://www.armsopencounselling.com/
City: Smithville, Dunnville, Beamsville
Province: Ontario
Additional Information: We welcome volunteers and have lots for them to do

Ontario

Volunteer Site: Roca Counselling
Contact Person: Jennifer De La Roca
Email Address: Hiring@rocacounselling.com
Website: www.rocacounselling.com
City: Barrie
Province: Ontario
Additional Information: We offer a structured volunteer opportunity in a trauma- focused clinic, including mental health treatment and family intervention therapy. Admin position with special project opportunities. Open to multiple volunteers.

Volunteer Site: Parker Psychotherapy
Contact Person: Kelsey Parker
Email Address: kelsey@parkerpsychotherapy.ca
Website: www.parkerpsychotherapy.ca
City: Petawawa
Province: Ontario
Additional Information: These would be virtual only volunteer opportunities. Exposure to EHR, Team Meetings, and Administrative Duties would be included.

Volunteer Site: SL Psychotherapy and Wellness
Contact Person: Shannon Lawless
Email Address: Slpsychotherapyandwellness@gmail.com
Website: www.shannonlawlesstherapy.com
City: Kanata, Ottawa
Province: Ontario
Additional Information: They are likely all virtual in nature and requires police records check for vulnerable populations. They will not be engaging with clients.

Volunteer Site: Mind over Matter Psychotherapy & Counselling
Contact Person: Sheffy Bhayee
Email Address: mindovermatterpsy@gmail.com
Website: www.mindovermatterpsy.com
City: Brampton
Province: Ontario
Additional Information: social media, outreach, admin

Volunteer Site: One Peace Therapy
Contact Person: Samara McLean and/or Cassandra Francis
Email Address: hr@onepeacetherapy.ca
Website: https://www.onepeacetherapy.ca/
City: Toronto
Province: Ontario
Additional Information: This role will include administrative and/or social media responsibilities with a minimum of 6 months commitment.

Ontario

Volunteer Site: Tranquility Through Therapy
Contact Person: Nicole Court
Email Address: nicolediannecourt@tranquilitythroughtherapy.com
Website: https://www.tranquilitythroughtherapy.ca/
City: Niagara Falls
Province: Ontario
Additional Information: Volunteer opportunities will involve working closely alongside the practice owner in areas such as branding and social media development, as well as providing administrative support. The role will also include on-site involvement in day-to-day operations, assisting with ongoing tasks, and supporting the coordination and navigation of student practicum activities within the practice.

Volunteer Site: FL Psychotherapy
Contact Person: François Levert
Email Address: info@flpsychotherapy.ca
Website: www.FLPsychotherapy.ca
City: Ottawa
Province: Ontario
Additional Information: Great opportunity for private practice experience focused on healing trauma. Wide range of clients including working with individuals, children, and families.

Volunteer Site: Wise Psychotherapy Clinic
Contact Person: Louis Law
Email Address: louis@wisepsychotherapyclinic.com
Website: www.wisepsychotherapyclinic.com
City: North York, Richmond Hill
Province: Ontario
Additional Information: Virtual opportunity

Volunteer Site: Bowmanville Psychotherapy & Wellness inc.
Contact Person: Barry Lydon
Email Address: Info@bowmanvillepsychotherapy.ca
Website: www.bowmanvillepsychotherapy.ca
City: Bowmanville
Province: Ontario
Additional Information: At this time, no additional volunteer information is available.

Volunteer Site: Anchored Therapy Centre
Contact Person: Joseph Bottros
Email Address: info@anchoredtherapycentre.com
Website: https://www.anchoredtherapycentre.com/
City: Georgetown/Milton or Mississauga
Province: Ontario
Additional Information: At this time, no additional volunteer information is available.

Ontario

Volunteer Site: Renew Resilience Counselling
Contact Person: Allison Grodinsky
Email Address: Allison.grodinsky@renewresilience.ca
Website: www.renewresilience.ca
City: Ottawa
Province: Ontario
Additional Information: This is a private practice.

Volunteer Site: Lakeview Counselling & Wellness
Contact Person: Sarah McAlpine
Email Address: lakeviewcounselling@outlook.com
Website: www.lakeview-counselling.ca
City: Huntsville, Burk's Falls, Toronto, North Bay
Province: Ontario
Additional Information: At this time, no additional volunteer information is available.

Volunteer Site: Healing Roots Therapy
Contact Person: Operations Manager
Email Address: Careers@healingrootstherapy.ca
Website: www.healingrootstherapy.ca
City: Mississauga
Province: Ontario
Additional Information: At this time, no additional volunteer information is available.

Volunteer Site: Courtney James Counselling and Psychotherapy
Contact Person: Courtney Vezina
Email Address: contact@courtneyjamestherapy.com
Website: www.courtneyjamestherapy.com
City: Kemptville, Brockville
Province: Ontario
Additional Information: I appreciate this new requirement and look forward to helping prepare students to enter their ongoing studies, and ultimately the field of psychotherapy, with a strong foundation.

Volunteer Site: True Balance Psychotherapy
Contact Person: Reta Majid
Email Address: info@truebalancepsychotherapy.com
Website: https://www.truebalancepsychotherapy.com/
City: Toronto
Province: Ontario
Additional Information: We are a Psychotherapy Group Practice. We currently have a volunteer MACP student and we would welcome new applications.

Ontario

Volunteer Site: Alice Lurie
Contact Person: Alice Lurie
Email Address: alicelurie@firesidepsychotherapy.ca
Website: www.firesidepsychotherapy.ca
City: Ottawa
Province: Ontario
Additional Information: As this is a new area we will have to develop a volunteer manual and job descriptions. I will also have to look into whether our insurance would cover volunteers.

Volunteer Site: MindfulWe Holistic Psychotherapy Services
Contact Person: Tharshiga
Email Address: mindfulwe.life@gmail.com
Website: www.mindfulwe.life
City: GTA
Province: Ontario
Additional Information: We offer a meaningful volunteer experience rooted in mental health, yoga, and community care. Volunteers support workshops, retreats, and events while being part of reflective, heart-centered spaces. We value compassion, openness, and collaboration, and welcome individuals who are interested in personal growth and contributing to a supportive community.

Volunteer Site: Impart Therapy
Contact Person: Nadine Evans
Email Address: nadine@impart therapy.com
Website: https://impart therapy.com/
City: Whitby
Province: Ontario
Additional Information: We are a virtual site only, focusing on ADHD, PMDD, grief, anxiety, and depression.

Volunteer Site: Grounded Psychology
Contact Person: Heather Anderson, Maggie Verity- admin
Email Address: admin@groundedpsychology.ca
Website: www.groundedpsychology.ca
City: Nepean
Province: Ontario
Additional Information: At this time, no additional volunteer information is available.

Ontario

Volunteer Site: KuRated Care Collaborative
Contact Person: Aisha Sajid
Email Address: hello@kurated.ca
Website: https://kurated.ca/psychotherapy-inter-program/
City: Kingston
Province: Ontario
Additional Information: We are a group of 14+ service providers working in health and wellness bridging the gaps in care when it comes to mind-body medicine. We will prioritize volunteers who are local or looking to work in Kingston, Ontario and RPs in the future as part of an interdisciplinary care team.

Volunteer Site: Mind 2 Heart Connections
Contact Person: Laura Banks
Email Address: services@mind2heartconnections.ca
Website: https://mind2heartconnections.ca/
City: Barrie
Province: Ontario
Additional Information: We are eager to support the learning and experience of new therapists in the field. Our clinic sees clients of all ages and is made up of social workers and psychotherapists. We are a neuroaffirming practice with a sensory-aware and sensory sensitive environment.

Volunteer Site: Online Therapy Centre
Contact Person: Laura Lord
Email Address: info@onlinetherapycentre.com
Website: https://www.onlinetherapycentre.com
City: Gwillimbury
Province: Ontario
Additional Information: Online Therapy Centre may be open to considering volunteers for non-clinical, administrative, or outreach-related support opportunities, depending on organizational needs and capacity. As a virtual mental health practice, any volunteer role would need to have clearly defined boundaries and would not include the provision of counselling services, or independent client care.. Any opportunity would be subject to OTC's screening, onboarding, privacy/confidentiality, and training requirements, as well as any applicable insurance and compliance considerations.

Ontario

Volunteer Site: Fen Psychotherapy & Counselling
Contact Person: Fen Xing
Email Address: info@fentherapy.com
Website: https://www.fentherapy.com
City: Toronto, North York, Markham, Scarborough
Province: Ontario
Additional Information: Yes — we are always open to building meaningful and mutually beneficial volunteer partnerships. Given our focus on mental health and community support, we especially value volunteers who are:

- Passionate about mental health awareness and accessible care
- Culturally responsive and able to support diverse communities
- Interested in contributing to community outreach, workshops, or psychoeducation initiatives
- Comfortable working in collaborative, interdisciplinary environments
- We also welcome individuals with skills in areas such as content creation, event coordination, translation (Mandarin/Cantonese/other languages), and community engagement.

  If there are opportunities to align volunteer roles with academic placements, supervised clinical hours (where applicable), or community impact projects, we would be happy to explore those further.

Volunteer Site: Stark Wellness Clinic
Contact Person: Valeria
Email Address: careers@starkwellnessclinic.com
Website: https://www.starkwellnessclinic.com/
City: Toronto
Province: Ontario
Additional Information: If you are seeking an in-person, part time volunteer role, and you're passionate about psychology and love helping others feel welcome and cared for, we'd love to hear from you!

Volunteer Site: Ember Counselling & Training
Contact Person: Madison Moore - Office Coordinator
Email Address: info@embercounselling.ca
Website: https://www.embercounselling.ca
City: Bloomingdale
Province: Ontario
Additional Information: At this time, no additional volunteer information is available.

Volunteer Site: Cavaliere Therapy Services
Contact Person: Victoria Armas (Cavaliere)
Email Address: victoria@cavalieretherapyservices.com
Website: https://cavalieretherapyservices.ca/
City: Burlington
Province: Ontario
Additional Information: Volunteers are able to gain experience with social media/admin side of running a practice and also participating in group supervision as appropriate

Ontario

Volunteer Site: Unleash Snergy
Contact Person: Evguenia Cheinis
Email Address: careers@unleashsynergy.com
Website: https://unleashsynergy.com
City: Toronto
Province: Ontario
Additional Information: Please read the following description of the Volunteer Position at Unleash Synergy
https://drive.google.com/file/d/1wUemT7uvaUQ4aEsFybHyKfBEDPvn_yEu/view?usp=sharing

Volunteer Site: Practical Shift Psychotherapy and Consulting
Contact Person: Elizabeth Scarlett
Email Address: elizabeth@practicalshift.com
Website: www.practicalshift.com
City: Etobicoke
Province: Ontario
Additional Information: Volunteer work may include: developing and organizing therapeutic resources, practice systems and operations assistance, continued improvement initiatives, Website/social media content support and review, etc.

Volunteer Site: Chasing Resilience Psychotherapy and Wellness Centre
Contact Person: Amanda Bernard
Email Address: amanda@chasingresilience.ca
Website: https://www.chasingresilience.ca/
City: Bowmanville
Province: Ontario
Additional Information: At this time, no additional volunteer information is available.

Volunteer Site: Roots & Tales Centre
Contact Person: Atefeh Sabeti Baygi
Email Address: info@rootsandtalesclinic.com
Website: https://rootsandtalesclinic.com/
City: Richmond Hill
Province: Ontario
Additional Information: Roots & Tales Centre will only consider applicants who are majoring in related disciplines (psychology, social work, mental health, human services, education, etc). Volunteers will require a Vulnerable Sector Check. We are also accepting this coming mid-April and for our therapeutic summer camp program from July. Additionally, we will also provide opportunities in administrative assistance, and operational exposure session prep and clean-up.

Ontario

Volunteer Site: Healing Pathways Counselling, Oakville
Contact Person: Richa Quinn
Email Address: richa@healingpathwayscounselling.com
Website: https://healingpathwayscounselling.com/
City: Oakville
Province: Ontario
Additional Information: Our volunteer opportunities are best suited for individuals who are warm, reliable, professional, and comfortable providing care and support in a mental health setting with sensitivity. Opportunities may include administrative support, client-facing coordination, and assistance with day-to-day clinic operations, depending on current needs. We value strong communication, initiative, confidentiality, and a genuine interest in supporting others' well-being.

Volunteer Site: Coward, Flood and Associates
Contact Person: Emily Flood
Email Address: chantelcoward@yahoo.ca
Website: https://cowardflood.com/
City: Midland
Province: Ontario
Additional Information: We are able to provide students with experience your program requires

Volunteer Site: Safe Space THerapy Empowering you
Contact Person: Nisha Thakkar
Email Address: nisha@safespacetherapy.ca
Website: https://safespacetherapy.ca/
City: Brantford
Province: Ontario
Additional Information: We welcome volunteers interested in gaining experience in a clinical mental health setting, particularly those with a background or strong interest in psychology, counselling, or related fields. Volunteers may contribute by creating psychoeducational materials such as worksheets, handouts, and guided exercises and supporting administrative or organizational tasks as needed. Ideal candidates have strong writing skills, attention to detail, and an interest in translating clinical concepts into client-friendly resources; familiarity with therapeutic modalities is an asset but not required.

Volunteer Site: Project Whisper Counselling and Psychotherapy
Contact Person: Tracey Chung
Email Address: admin@projectwhisper.ca
Website: https://projectwhisper.ca/
City: Pickering
Province: Ontario
Additional Information: Our site offers structured volunteer opportunities that support community-based mental health services and wellness initiatives. Volunteers may contribute through community outreach, youth-focused programming, administrative assistance, and event coordination. We also welcome students completing academic placements in disciplines such as social work, psychology, counselling, and community development, and we are committed to providing a supportive and educational volunteer experience.

Ontario

Volunteer Site: Jett Psychological Services
Contact Person: Jessica Vipond, Office Manager
Email Address: admin@jettpsychologicalservices.com
Website: https://jettpsychologicalservices.com/
City: Guelph
Province: Ontario
Additional Information: we are a psychology practice with an office in Guelph. We would accept both in person and virtual volunteers.

Volunteer Site: Supporting Your Journey
Contact Person: Sheema Khan Clinical Director & Registered Psychotherapist
Email Address: info@supportingyourjourney.ca
Website: https://supportingyourjourney.ca/
City: Toronto
Province: Ontario
Additional Information: It will be virtual with some potential meetings at Yonge and St Clair in Toronto.

Volunteer Site: Lori Gill Psychotherapy
Contact Person: Lori Gill
Email Address: Lori@attch.org
Website: www.holisticwellnessforhealth.com
City: St. Catharines, Hamilton
Province: Ontario
Additional Information: We have a broad variety of clinical activities that can assist with.

Volunteer Site: Attachment and Trauma Treatment Centre for Healing (ATTCH) Niagara
Contact Person: Cassandra
Email Address: reception@attchniagara.com
Website: www.attchniagara.com
City: St. Catharines
Province: Ontario
Additional Information: We have a wide variety of clinical areas volunteers can provide support in through a trauma informed lens.

Volunteer Site: Healing Roots Therapy
Contact Person: Operations manager Careers@healingrootstherapy.ca
Email Address: Careers@healingrootstherapy.ca
Website: www.healingrootstherapy.ca
City: Mississauga
Province: Ontario
Additional Information: Applying through the email and contact information is the best bet. It is important that volunteers submit their resume along with the completion of a personality test regarding the following link:
https://www.123test.com/personality-test/

Ontario

Volunteer Site: InnerSight Psychotherapy Inc.
Contact Person: Svetlana Antonyshyn
Email Address: info@psychotherapyclinic.ca
Website: www.psychotherapyclinic.ca
City: Vaughan
Province: Ontario
Additional Information: Our volunteer opportunities emphasize creative and clinical support within a psychotherapy setting. Volunteers contribute to mental health awareness through content creation, psychoeducational materials, and outreach initiatives, while gaining exposure to the clinical environment and therapeutic practice.
This role is ideal for students pursuing psychotherapy or related fields who are interested in both clinical insight and innovative ways of engaging the community in mental health education.

Volunteer Site: Sturgeon Counselling
Contact Person: Julia McEwen
Email Address: hello@sturgeoncounselling.com
Website: https://sturgeoncounselling.com/
City: Nepean
Province: Ontario
Additional Information: We are a busy thriving group practice with many opportunities for volunteers to learn the behind the scenes work of a private practice.

Volunteer Site: Flexible Minds Psychotherapy & Yoga
Contact Person: Steph
Email Address: steph@flexibleminds.ca
Website: www.flexibleminds.ca
City: Pickering
Province: Ontario
Additional Information: We no longer host practicum students but would love to host volunteers looking to gain non-clinical experience.

Volunteer Site: Couples Counselling Centre
Contact Person: Maggie Verity
Email Address: info@couplescounsellingcentre.com
Website: https://couplescounsellingcentre.com/
City: Mississauga, Toronto, Oakville
Province: Ontario
Additional Information: At this time, no additional volunteer information is available.

Volunteer Site: Tranquillium Holistic Therapy & Wellness
Contact Person: Rina Reddy
Email Address: info@tranquillium.ca
Website: https://tranquillium.ca
City: Guelph
Province: Ontario
Additional Information: At this time, no additional volunteer information is available.

Ontario

Volunteer Site: KW Psychotherapy Group
Contact Person: Chelsea Gay
Email Address: Chelsea@kwpsychotherapygroup.ca
Website: www.kwpsychotherapygroup.ca
City: Kitchener
Province: Ontario
Additional Information: Can be 100% remote

Volunteer Site: Spencer Psychotherapy Services
Contact Person: Sarah A. Spencer
Email Address: sarah@spencerservices.ca
Website: https://nextcollab.square.site/spencer-services
City: Thunder Bay
Province: Ontario
Additional Information: Volunteers would have opportunities to learn about manualized treatment, workshop development, assessments, marketing services, policy development, service navigation and so much more!

Volunteer Site: Better Life Counselling Services
Contact Person: Adriana Santos McCulloch +1 226-257-9968 or 6479656625
Email Address: info@blcounselling.com
Website: https://blcounselling.com/#team
City: StCambridge, Kitchener
Province: Ontario
Additional Information: Better Life Counselling Services is a team of Registered Psychotherapists, Clinical Social Workers, and Counselling Professionals dedicated to helping you live a better life through emotional awareness, connection, and transformation. Our collaborative team of licensed professionals offers bilingual services (English & Portuguese) and serves clients at our Brantford, Cambridge and Kitchener locations, as well as online across Ontario.

Volunteer Site: Lavender Psychotherapy
Contact Person: Maryam Almasi
Email Address: Admin@LavenderPsychotherapy.com
Website: https://www.lavenderpsychotherapy.com/
City: Burlington
Province: Ontario
Additional Information: We are open to volunteer opportunities where students can learn what it looks like to be in a private practice setting and engage in mental health related creative work to expand their knowledge in the field.

Ontario

Volunteer Site: Art as Therapy
Contact Person: Sandra Hernandez/ Emma Corcoran (Admin team)
Email Address: admin@artastherapy.ca
Website: https://www.artastherapy.ca/
City: Orangeville, Milton, Brampton
Province: Ontario
Additional Information: Art as Therapy offers practicum and volunteer opportunities for students in a collaborative, client-centered psychotherapy setting. Volunteers may assist with community outreach, support community art hives, event booths, and workshops through setup, participant engagement, and facilitation. Professionalism, cultural sensitivity, and a willingness to learn are expected.

Volunteer Site: The Foundation Station
Contact Person: Sarah Graham
Email Address: info@thefoundationstation.ca
Website: www.thefoundationstation.ca
City: Courtice
Province: Ontario
Additional Information: Looking for someone to help support families while they wait for their sessions (checking them in, getting snacks and beverages, supporting with paperwork), preparing materials for the therapists on site, helping with bulletin boards (resources for families), and some basic administrative tasks (photocopying, filing, laminating, binding, etc.).

Volunteer Site: For You Telecare Family Service (FUTFS)
Contact Person: Eun Soon Park
Email Address: futfsinfo@gmail.com
Website: suyeon.jin@futfs.org
City: Toronto
Province: Ontario
Format: Hybrid
Additional Information: We offer the volunteer opportunities in the summer semester (May to August) to work for youth.

Volunteer Site: Relational Harmony Therapy
Contact Person: Jessica Ng
Email Address: info@relationalharmonytherapy.com
Website: https://www.relationalharmonytherapy.com/
City: Nepean
Province: Ontario
Format: Hybrid
Additional Information: The volunteer would support the admin staff and clinic director in any administrative needs. From contacting clients to schedule appointments to writing up blogs or creating content, to organizing the office and make sure it is ready for client use.

Ontario

Volunteer Site: The Story Isn't Over Psychotherapy and Counselling
Contact Person: Trish McLean
Email Address: info@thestoryisntover.ca
Website: https://www.thestoryisntover.ca/join-us/join-our-internship-program
City: Bolton
Province: Ontario
Format: Hybrid
Additional Information: We take great care of you!

Volunteer Site: Heal Through Connection Psychotherapy
Contact Person: Tabitha Milne
Email Address: htcpracticum@gmail.com
Website: www.healthroughconnection.com
City: Toronto
Province: Ontario
Format: Hybrid
Additional Information: At Heal Through Connection, volunteer opportunities are designed to provide exposure to the non-clinical aspects of private practice, particularly in areas related to outreach, content development, and practice growth.

Volunteers may have the opportunity to support with:
- Writing psychoeducational blog content related to mental health and personal growth
- Assisting with content development through research and idea generation
- Conducting light research on marketing and SEO to support online visibility
- Supporting outreach efforts to community organizations (e.g., wellness spaces, community centres, organizations and associations) to help build referral pathways and increase awareness of affordable therapy services

These roles are primarily project-based and best suited for individuals who are proactive, self-directed, and comfortable working independently with guidance. This experience is particularly valuable for students who are interested in building a private practice in the future, as it offers insight into how therapists develop and sustain a client base.

While prior experience in related fields (e.g., wellness, social services, communications, marketing, branding, writing) is considered an asset, it is not required. We value strong communication skills, initiative, and a genuine interest in personal and professional growth.

Volunteer Site: Karibu Mental Health Network
Contact Person: Nalwanga Musisi
Email Address: joinus@karibumentalhealth.com
Website: https://karibumentalhealth.com/
City: Toronto
Province: Ontario
Format: Hybrid
Additional Information: We are currently looking to engage volunteers in communications, community engagement, and operational support roles. This includes contributing to partnership outreach, content and resource development, and research synthesis.

Ontario

Volunteer Site: Sandstone Psychotherapy & Counselling
Contact Person: Jessica Cameron
Email Address: jessica@sandstonecounselling.com
Website: https://www.sandstonecounselling.com/
City: Kanata
Province: Ontario
Format: In-person
Additional Information: We welcome all applicants to apply for in-person opportunities.

Volunteer Site: Reflections Therapy
Contact Person: Jasmine Tsang
Email Address: hello@reflectionspsychotherapy.ca
Website: https://www.reflectionspsychotherapy.ca/
City: Markham
Province: Ontario
Format: Hybrid
Additional Information: Providing administrative and marketing support.

Volunteer Site: Fruits From The Roots
Contact Person: Destiny Morrison, FFTR operations coordinator
Email Address: Clientservices@fruitsfromtheroots.com
Website: https://fruitsfromtheroots.com/services/clinical-supervision/
City: Toronto
Province: Ontario
Format: Hybrid
Additional Information: Supporting the YU community in its advancement of developing the next generation of clinicians is an honour. Our volunteer opportunity will offer potential students the opportunity to learn the importance of ethical case coordination and professionalism within the helping field.

Volunteer Site: Mind Unwind Psychotherapy
Contact Person: Ivan Abreu, MSc., RP
Email Address: info@mindunwind.ca
Website: https://www.mindunwind.ca/
City: Oakville
Province: Ontario
Format: Hybrid
Additional Information: Volunteers at Mind Unwind Psychotherapy support our clinical team without any direct client contact or access to client information. Opportunities include:

- Content creation: research and writing blog posts on assigned psychoeducation topics
- Community outreach: acting as brand ambassadors with local physicians and community partners, building referral relationships
- Marketing support: managing social media engagement, drafting marketing emails, researching blog topics
- Operations support: assisting with practice metrics, conversion tracking, calendar/scheduling logistics, and reviewing internal manuals for completeness
- Research & admin: compiling therapist candidate lists, researching CE/training resources, website QA (broken links), building outreach spreadsheets

Quebec

Volunteer Site: Dunham House
Contact Person: Anthony Berger
Email Address: a.berger@dunhamhouse.ca
Website: www.dunhamhouse.ca
City: Dunham
Province: Quebec
Additional Information: At this time, no additional volunteer information is available.

Volunteer Site: West Island Cancer Wellness Centre
Contact Person: wicwc.org
Email Address: info@wicwc.org
Website: https://www.wicwc.com/volunteer-with-us/
City: Kirkland
Province: Quebec
Additional Information: Students must fill in the volunteer application form (link above)

Volunteer Site: Zikman & Associates Psychology Clinic
Contact Person: Ian Zikman, Psychologist
Email Address: ian@zikmanpsychology.com
Website: https://www.psychologytoday.com/ca/therapists/zikman-and-associates-psychology-clinic-montreal-qc/96108
City: Montréal, Gatineau
Province: Quebec
Additional Information: Our rapidly expanding psychology clinic, specializing in Cognitive Behavioral Therapy (CBT) and other evidence-based approaches, offers volunteer positions designed for students seeking pre-program experience for admission to counseling psychology master's programs. These non-clinical roles provide valuable exposure to the operations of a medium-sized mental health clinic. Typical activities may include assisting with reception and client scheduling, developing social media content, supporting administrative tasks such as record-keeping and data entry, helping coordinate community outreach and educational events, maintaining resource materials, and contributing to the organization of group workshops. Volunteers may also participate in projects to enhance client engagement and clinic efficiency, observe the workflow of mental health professionals, and gain insight into ethical and privacy practices in healthcare settings. As a recognized practicum site for Master of Arts in Counselling Psychology (MACP) students, our clinic is committed to fostering the professional development of emerging mental health practitioners through mentorship and meaningful learning opportunities.

Volunteer Site: Clinique Réseau Santé 360
Contact Person: David Caumartin
Email Address: davidcaumartin@reseausante360.ca
Website: www.reseausante360.ca
City: Québec
Province: Quebec
Additional Information: We are a multidisciplinary health clinic located in Québec City consisting of psychologist, psychotherapist, neuropsychologist and more professionals
It is also possible to complete on site consultation or remote/virtual.

Quebec

Volunteer Site: Montreal Therapy Centre
Contact Person: Montreal Therapy Centre
Email Address: admin@montrealtherapy.com
Website: Website: https://www.montrealtherapy.com/
Link to apply for an internship: https://www.montrealtherapy.com/for-therapists/internships/internships-form/
**Interns are expected to submit their CV, a letter of intent, and one letter of recommendation (either professional or academic).
City: Montreal
Province: Quebec
Format: Hybrid
Additional Information: We would prefer to have volunteers working in person. At this time, we have social media projects and intake-related tasks available. Our team is always happy to onboard new faces and provide any training that can be helpful!

Volunteer Site: Mindsession
Contact Person: Lara Kalaf
Email Address: mindsession@mindsession.com
Website: https://www.mindsession.com/en/
City: Montreal
Province: Quebec
Format: Hybrid
Additional Information: Admin, marketing, outreach and operational opportunities at our clinic.

Saskatchewan

Volunteer Site: Stick & Stone Counselling Services
Contact Person: Chelsey Gareau (Executive Director) or Christa Nelson (Program Director)
Email Address: manager@stickandstonecounselling.com or programs@stickandstonecounselling.com
Website: https://stickandstonecounselling.com
City: Saskatoon
Province: Saskatchewan

Additional Information: Stick & Stone Counselling Services is an established, community-focused counselling practice based in Saskatoon, Saskatchewan. We are committed to providing a supportive, ethical, and growth-oriented environment for individuals interested in pursuing careers in counselling and mental health.

We are open to offering structured volunteer opportunities that provide exposure to a professional counselling setting while maintaining clear boundaries in alignment with Yorkville University's guidelines. Volunteer roles at our site would be non-clinical in nature and may include supporting client experience (e.g., reception and welcoming), assisting with workshop and community initiatives, contributing to resource development, and supporting administrative and operational processes.

We are particularly interested in creating meaningful, well-supported volunteer experiences that allow individuals to gain insight into the day-to-day functioning of a counselling practice, interdisciplinary teamwork, and client-centered service delivery, without engaging in direct or indirect clinical work.

All volunteer roles will include clear role descriptions, orientation, and supervision to ensure ethical practice, appropriate boundaries, and a positive learning environment. Volunteers must adhere to confidentiality expectations and organizational policies.

As a growing practice, we value building strong relationships with emerging professionals and see volunteer opportunities as part of a potential longer-term pathway into practicum placements and future professional development within our organization.

Volunteer Site: Family Hope Counselling, Psychology, & Training Services - Moose Jaw, SK
Contact Person: Krystal Hawkins
Email Address: krystal@familyhope.ca
Website: www.familyhope.ca
City: Moose Jaw
Province: Saskatchewan
Additional Information: Our office is located in Moose Jaw, SK

Yukon

Volunteer Site: Aurora Wellness Group
Contact Person: Stephanie Leithead
Email Address: Info@aurorawellnessgroup.com
Website: https://www.aurorawellnessgroup.com/contact
City: Whitehorse
Province: Yukon
Additional Information: Counselling clinic in Whitehorse Yukon

Province Not Applicable or Online

Volunteer Site: Talk Therapy Canada
Contact Person: Aisha Applewhaite
Email Address: connect@talktherapycanada.com
Website: www.talktherapycanada.com
City: Not Applicable
Province: Not Applicable

Additional Information: About Volunteer Opportunities at Talk Therapy Canada

Talk Therapy Canada is a fully virtual, high-volume psychotherapy clinic serving clients across Ontario and Canada. Our team supports thousands of client appointments annually and works with a diverse population including children, teens, individuals, couples, and families.

We offer a rich and structured learning environment with exposure to a wide range of clinical specialties, including trauma-informed care and EMDR, anxiety and depression, OCD, couples therapy (Gottman-informed), sex therapy, men's mental health, grief, and work with military and first responder populations.

As both a clinical and systems-based training site, we are committed to developing well-rounded future therapists who understand not only the therapeutic process, but also the operational and ethical foundations of a high-functioning clinic.

Client confidentiality is a core priority.
Volunteers do not observe live client sessions. However, they may participate in team-based learning environments, including:
• Clinical training sessions
• Peer consultation and supervision spaces
• De-identified case discussions
• Internal educational opportunities

Volunteers are welcomed as active contributors to the team. Depending on their experience and interests, opportunities may include:
• Supporting administrative and operational workflows within a busy virtual clinic
• Assisting with client experience, engagement, and retention initiatives
• Contributing to social media, blog writing, and psychoeducational content
• Supporting internal resource development for both clients and clinicians
• Participating in systems, process, and growth-related projects

This placement is best suited for individuals who are motivated, proactive, and interested in gaining meaningful, real-world experience in both the clinical and operational aspects of psychotherapy practice.

We take pride in fostering a professional, growth-oriented environment and are intentional about supporting individuals who demonstrate strong alignment, initiative, and readiness for the field.

Province Not Applicable or Online

Volunteer Site: Our Landing Place
Contact Person: Alice Curitz
Email Address: alice@ourlandingplace.com
Website: www.ourlandingplace.com
City: Not Applicable
Province: Not Applicable
Additional Information: Must be 2SLGBTQIA+ identified individuals aged 19+.

Volunteer Site: Charlotte Pidgeon Psychotherapy
Contact Person: Charlotte Pidgeon
Email Address: charlotte@charlottepidgeon.com
Website: www.charlottepidgeon.com
City: Not Applicable
Province: Not Applicable
Additional Information: Charlotte Pidgeon Psychotherapy is a queer- and neurodivergent-affirming virtual psychotherapy clinic.

Volunteer Site: Pieces to Peace Psychotherapy & Wellness
Contact Person: Carine Diverlus
Email Address: carine@piecestopeace.ca
Website: www.carine@piecestopeace.ca
City: Not Applicable
Province: Not Applicable
Additional Information: Our practice services racialized women, so we will need volunteers with missions and values aligning with anti-oppression practices

Volunteer Site: Guys Resolve
Contact Person: Corey Turnbull
Email Address: contact@guysresolve.ca
Website: www.guysresolve.ca
City: Not Applicable
Province: Not Applicable
Additional Information: I am now a member of the Professional Development Committee of the OAMHP. Guys Resolve has a partnership with CanAI Institute and the student can gain experience doing literature reviews on topics of clinical relevance, using AI to assist in preparing customized psycho-educational material and worksheets for clients, and learn about the operation of a virtual private practice psychotherapy clinic.

Volunteer Site: Ermakov Therapy
Contact Person: Emil Ermakov
Email Address: ermakovtherapy@gmail.com
Website: www.ermakovtherapy.janeapp.com
City: Not Applicable
Province: Not Applicable
Additional Information: We are accepting volunteers!

Province Not Applicable or Online

Volunteer Site: Counterspiral Care Counselling and Consulting
Contact Person: Sarah Stapleton
Email Address: info@counterspiralcare.com
Website: www.counterspiralcare.com
City: Not Applicable
Province: Not Applicable
Additional Information: We welcome volunteers committed to upholding an anti-oppressive environment who are passionate about supporting neurodiverse, BIPOC, and 2SLGBTQIA+ populations.

Volunteer Site: Good Life Psychotherapy
Contact Person: Irina Petrova
Email Address: irina@goodlifepsychotherapy.ca
Website: www.goodlifepsychotherapy.ca
City: Not Applicable
Province: Not Applicable
Additional Information: We are a small virtual clinic that has been providing supervision for Yorkville University MACP interns since 2023.As we continue to grow, we offer several volunteer opportunities in areas such as marketing and social media, administration, accounting, and student liaison support. We are also affiliated with several non-profit organizations, which may offer additional volunteer opportunities.
Please contact us to learn more.
Irina Petrova
Clinical Director

Volunteer Site: Clayre Sessoms Psychotherapy Inc.
Contact Person: Clayre Sessoms, RP, ATR-BC
Email Address: info@clayresessoms.com
Website: https://www.clayresessoms.com
City: Not Applicable
Province: Not Applicable
Additional Information: Our practice centres LGBTQIA+ care in relational, experiential, and creative ways. We aim to be a small hub for community resources and we have a podcast, so there are lots of unique opportunities for volunteers to engage in a therapy practice environment. Remote and Vancouver-based opportunities available.

Volunteer Site: ThruPlay Therapies Ltd.
Contact Person: Chantal Piercy
Email Address: chantalpiercy@thruplay.ca
Website: www.thruplay.ca
City: Not Applicable
Province: Not Applicable
Additional Information: The work is based around the community in libraries and schools, carrying out free therapeutic play and art groups for kids. I would lead and the volunteer would come support. They can also train as a 'play coach' or 'listener' for families and carry out online work.

Province Not Applicable or Online

Volunteer Site: Ruth's House Society
Contact Person: Dee Adekugbe
Email Address: dee@ruthshouse.ca
Website: https://www.ruthshouse.ca/practicumstudent
City: Not Applicable
Province: Not Applicable
Additional Information: At this time, no additional volunteer information is available.

Volunteer Site: Isheaga Counseling Services
Contact Person: Donicka Budd
Email Address: isheagaservices@outlook.com
Website: isheaga.com(currently under construction)
City: Not Applicable
Province: Not Applicable
Additional Information: This placement offers following opportunities:

- To develop insight into how therapy services are supported behind the scenes, including administrative systems, psychoeducational resource development, and client experience design.
- Organizing digital files and resources
- Reviewing and improving administrative processes
- Content & Psychoeducation Development
- Assisting in drafting client handouts (e.g., stress, nervous system, emotional regulation)
- Supporting blog or educational content creation
- Translating complex ideas into accessible language
- Research & Resource Curation
- Summarizing evidence-informed approaches in mental health
- Compiling tools and resources for client support
- Evaluating the Website.

Volunteer Site: Pursue You Psychotherapy
Contact Person: Nicole Presutti
Email Address: Nicole@pursueyoupsychotherapy.com
Website: www.pursueyoupsychotherapy.com
City: Not Applicable
Province: Not Applicable
Additional Information: At this time, no additional volunteer information is available.

Province Not Applicable or Online

Volunteer Site: Fernweh Wellness
Contact Person: Ashley Foster
Email Address: hello@fernwehwellness.com
Website: www.fernwehwellness.com
City: Not Applicable
Province: Not Applicable
Additional Information: Are you an aspiring mental health professional looking to gain the foundational experience required for graduate-level studies? Fernweh Wellness is pleased to offer volunteer positions designed to immerse prospective MACP applicants in the operational and professional heart of a thriving private counselling practice. We believe that understanding the "how" of a clinic is just as vital as the "why" of therapy. This role offers a unique vantage point to observe the intersection of client care, ethics, and practice management.

At Fernweh Wellness, we recognize that we cannot guide others toward wholeness if we are operating from a place of depletion. Our commitment to our clients is mirrored by our commitment to ourselves and our team. We believe that "wellness" is a verb, a continuous practice of alignment, boundaries, and self-compassion. We don't pretend to have "arrived" at a state of perfect wellness. We are human beings navigating the same complexities of life as our clients. By showing up authentically and doing our own internal work, we create a safe, non-judgmental space for clients to do theirs.

As a volunteer with Fernweh Wellness, we invite you to step into this same commitment. We seek individuals who are ready to prioritize their own well-being and self-awareness as the foundation of their professional journey. By joining us, you aren't just observing a business, you are participating in a culture of care that requires you to honour your own boundaries, stay curious about your growth, and show up with the same radical authenticity we offer our clients.

Volunteer Site: Bluefields Counselling & Psychotherapy
Contact Person: Jennifer Jackson
Email Address: info@bluefieldspsychotherapy.ca
Website: www.bluefieldspsychotherapy.ca
City: Not Applicable
Province: Not Applicable
Additional Information: Students will have an opportunity to get exposed to EHR system, inputting client, and scheduling appointments.

Volunteer Site: Solstice Psychotherapy
Contact Person: Janice Gill
Email Address: Connect@solsticepsychotherapy.com
Website: www.solsticepsychotherapy.com
City: Not Applicable
Province: Not Applicable
Additional Information: At this time, no additional volunteer information is available.

Province Not Applicable or Online

Volunteer Site: Karma Cares Community
Contact Person: Shawna akerman
Email Address: admin@karmacares.ca
Website: https://www.karmacares.ca/
City: Not Applicable
Province: Not Applicable
Additional Information: Karma Cares is a practice site focused on teaching and mentoring its community members, with the purpose of supporting access to affordable, barrier-free mental health support for those identified with ADHD and Autism, and for the members involved in their lives. Our collective mission is to create opportunities to give and receive in an ecosystem where being healthy is a key factor in being happy through healing and helping. We have ongoing community projects that support our purpose through our for-profit and non-profit streams. We are happy to open our doors and invite helping hands and bright minds to our ecosystem.

Volunteer Site: Kristy Taylor Counselling & Psychotherapy
Contact Person: Kristy Taylor
Email Address: kristytaylor444@gmail.com
Website: www.kristytaylor.ca
City: Not Applicable
Province: Not Applicable
Additional Information: Accepting applicants

Volunteer Site: The Aligned Mind Collective
Contact Person: Erin Topma or Ashley Hurst
Email Address: hello@alignedmindco.ca
Website: www.alignedmindco.ca
City: Not Applicable
Province: Not Applicable
Additional Information: Volunteer opportunities would include supporting psychoeducation on social media platforms. Bi-weekly meetings to consult would be provided.

Volunteer Site: Time For Us
Contact Person: tamara henningham
Email Address: hello@timeforus.ca
Website: https://timeforus.ca/
City: Not Applicable
Province: Not Applicable
Additional Information: 80% virtual 20% in person

Volunteer Site: ThoughtWorks Therapy
Contact Person: Monique Sousa
Email Address: monique@thoughtworkstherapy.ca
Website: https://thoughtworkstherapy.ca/
City: Not Applicable
Province: Not Applicable
Additional Information: At this time, no additional volunteer information is available.

Outside Canada

Volunteer Site: A Place for Me Counseling **Contact Person**: Erlese Caruth **Email Address**: info@aplaceformecounseling.com **Website**: www.aplaceformecounseling.com **City**: Atlanta **Province**: Georgia-USA **Additional Information**: Applicants will email us with their interest, and we will schedule an interview for potential placement.
Volunteer Site: The Employee Assistance Programme of Bermuda (EAP Bermuda) **Contact Person**: Latisha Lister-Burgess **Email Address**: info@eap.bm **Website:** www.eap.bm **City**: Hamilton **Province/Country**: Bermuda **Additional Information**: This is strictly available to Bermudian candidates/persons residing in Bermuda.
Volunteer Site: Swamaan Consilium Pvt Ltd **Contact Person**: Dr Dipti Yadav **Email Address**: swamaanconsilium@gmail.com **Website**: https://www.wellbeinghelp.com/ **City:** Gurugram **Province:** Haryana-India **Additional Information:** This organization offers a remote volunteer opportunity for individuals seeking pre-admission experience in counselling and psychotherapy settings, aligned with Yorkville University requirements Volunteers engage in structured, learning-focused activities that provide exposure to counselling concepts, professional practices, and reflective processes within a supervised environment. This opportunity is designed to support the development of foundational understanding relevant to future graduate-level training.